IFS UK Training Programme 2027

Please find below the outline schedule of IFS UK trainings for 2027, covering Levels 1 to 3. We hope this will help you plan ahead for 2027.

We will use a **lottery system** to admit participants to all levels of training in 2027. On the schedule, you'll see the dates the lottery opens and closes and when you'll hear whether your application has been successful. On the date the lottery opens, the training will be posted on our Booking page where you'll find more detailed information about the training, a brochure and an application form.

So you don't miss out on applying for a course you're interested in, please see page 5 of this document.

IFS Training Name	Training Staff	Training Dates & Cost*	Application Details
Level 1 (1623) Online	Carolina Abreu	11-14 January, 28-30 January, 19-21 May, 14-17 June Cost: £3,350*	Lottery opens: **28 July 2026** Lottery closes: **9 August 2026** Final date to hear the outcome of your application: **21 August 2026**
Level 1 (1624) Hybrid training: 1 module in Bristol, UK; 2 modules online	Sue Smith	15-18 February (online), 1-4 March (online), 5-10 May (Bristol) Cost: £3,910*	Lottery opens: **18 August 2026** Lottery closes: **30 August 2026** Final date to hear the outcome of your application: **11 September 2026**
Level 1 (1700) Hybrid training: 1 module in Dublin, **Ireland**; 2 modules online	Olivia Lester & Marie Tierney	8-13 March (Dublin), 8-11 April (online), 20-23 May (online) Cost: £3,910*	Lottery opens: **8 September 2026** Lottery closes: **20 September 2026** Final date to hear the outcome of your application: **2 October 2026** (Applications from Ireland and from those with Irish nationality will be prioritised for this training)

* On in-person training days, the price includes lunch and refreshments on each day. Prices are correct at the time of publishing; please refer to the individual course brochures for the most up-to-date prices.

IFS Training Name	Training Staff	Training Dates & Cost*	Application Details
Level 1 (1627) Online	Nick Austin	15-17 March, 20-23 March, 23-26 May, 29-31 May Cost: £3,350*	Lottery opens: **15 September 2026** Lottery closes: **27 September 2026** Final date to hear the outcome of your application: **9 October 2026**
Level 1 (1629) Online	Carolina Abreu	31 March-2 April, 5-8 April, 12-14 May, 1-4 June Cost: £3,350*	Lottery opens: **6 October 2026** Lottery closes: **18 October 2026** Final date to hear the outcome of your application: **30 October 2026**
Level 1 (1622) In-person in Bristol, UK, plus 2 days online	Liz Martins	25-30 April (Bristol), 7-8 June (online), 7-12 July (Bristol) Cost: £4,565*	Lottery opens: **27 October 2026** Lottery closes: **8 November 2026** Final date to hear the outcome of your application: **20 November 2026**
Level 1 (1625) In-person in Bristol, UK, plus 2 days online	Sue Smith	28 June-3 July (Bristol), 6-7 August (online), 9-14 September (Bristol) Cost: £4,565*	Lottery opens: **17 November 2026** Lottery closes: **29 November 2026** Final date to hear the outcome of your application: **4 December 2026**
Level 1 (1628) In-person in Bristol, UK, plus 2 days online	Nick Austin	1-6 September (Bristol), 15-16 October (online), 18-23 November (Bristol) Cost: £4,565*	Lottery opens: **19 January 2027** Lottery closes: **31 January 2027** Final date to hear the outcome of your application: **12 February 2027**

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IFS Training Name	Training Staff	Training Dates & Cost*	Application Details
Level 1 (1630) Online	Carolina Abreu	4-7 October, 11-13 October, 14-16 November, 13-16 December Cost: £3,350*	Lottery opens: **9 February 2027** Lottery closes: **21 February 2027** Final date to hear the outcome of your application: **5 March 2027**
Level 1 (1626) Online	Sue Smith	27-29 October, 1-4 November, 1-3 December, 6-9 December Cost: £3,350*	Lottery opens: **9 March 2027** Lottery closes: **21 March 2027** Final date to hear the outcome of your application: **2 April 2027**
Level 2 (1632) Shame, Anxiety & Depression Online	Einat Bronstein	23-25 February, 28 February-2 March Cost: £2,400*	Lottery opens: **25 August 2026** Lottery closes: **6 September 2026** Final date to hear the outcome of your application: **18 September 2026**
Level 2 (1633) Deepening & Expanding with IFS In-person in Bristol, UK	Osnat Arbel	8-12 August Cost: £2,580*	Lottery opens: **12 January 2027** Lottery closes: **24 January 2027** Final date to hear the outcome of your application: **5 February 2027**
Level 2 (1634) Intimacy from the Inside Out Online	Krissy Tingle & Maya Hanelin	30 September- 2 October, 21-23 October, 18-20 November, 10-12 December Cost: £2,600*	Lottery opens: **2 February 2027** Lottery closes: **14 February 2027** Final date to hear the outcome of your application: **26 February 2027**

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IFS Training Name	Training Staff	Training Dates & Cost*	Application Details
Level 2 (1701) Compassion for Addictive Processes: IFS, Addiction and Eating Disorders Online	Cece Sykes	11-15 October Cost: £2,300*	Lottery opens: **2 March 2027** Lottery closes: **14 March 2027** Final date to hear the outcome of your application: **26 March 2027** (Applications from Ireland and from those with Irish nationality will be prioritised for this training)
Level 2 (1631) Deepening & Expanding with IFS In-person in Bristol, UK	Liz Martins	8-12 November Cost: £2,580*	Lottery opens: **30 March 2027** Lottery closes: **11 April 2027** Final date to hear the outcome of your application: **23 April 2027**
Level 3 (1712) Online	Osnat Arbel	31 October- 4 November Cost: £2,400*	Lottery opens: **16 March 2027** Lottery closes: **28 March 2027** Final date to hear the outcome of your application: **9 April 2027**
Level 3 (1635) In-person in Bristol, UK	Chris Burris	31 July-4 August Cost: £2,532*	Lottery opens: **20 October 2026** Lottery closes: **1 November 2026** Final date to hear the outcome of your application: **13 November 2026**

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How to apply for a Level 1, 2 or 3 training

1. Tell us which level of training you're looking for: use this register your interest form.
2. We'll notify you when a lottery is about to open.
3. Apply for a place on your chosen training via the Booking page. You can download a brochure about the training from this page after applications open.
4. We'll let you know whether we can offer you a place by a specific date after the lottery closes.
5. If your application is successful, we'll request a deposit so you can secure your place.